

OLDER AMERICANS MONTH



FLIP THE SCRIPT ON AGING: MAY 2025

Celebrating Older Americans Month: Flip the Script on Aging

Celebrated every May, Older Americans Month (OAM) is led by the Administration for Community Living (ACL). Established in 1963, OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving the older adults in our communities.

This year's theme, "Flip the Script on Aging," focuses on the importance of combating ageism to transform how society perceives, talks about, and approaches aging by challenging stereotypes and highlighting the benefits of healthy aging. Locust Grove Village celebrates this special month with a variety of special events for the community, residents and staff.

"Ageism affects how we see older adults and how they see themselves," said Charlotte Rathke, Locust Grove Village Administrator. "Like ageism, there are also many outdated stereotypes of elder services, such as care in nursing homes and the value of community living", she added.

We challenge each "older American" to consider the contributions they can make in the community; how they continue to strive for health and vitality and work to change the narrative of aging in America.

We invite the **WHOLE COMMUNITY** to a special event on Wednesday, May 21 beginning at 5:30 pm on our campus. There will be a free hot dog dinner served along with a concert by "Otter Creek". There will be fun for all ages – with bounce house, booths, special visits by the sheriff and fire departments. A raffle will be held with all proceeds benefiting the LaCrosse Elementary School Playground project. **MARK YOUR CALENDARS** and Join us on May 21 to celebrate together Older American's Month!!

For more information, visit/follow Locust Grove Village on Facebook.